

Facials, massages, and body treatments have become a regular part of our lives. What else can immerse you in a wonderful state of relaxation and well-being as well as give you a dramatic improvement of your skin and muscle condition? That is why we welcome you to be a guest of “Rita’s Touch” - the oasis of rejuvenation where relaxing music, gentle aroma of essential oils and the magic of fluttering fingers on your face restore your body and inspire your mind.

FACIALS

Facials and a proper home care regimen are essentials in keeping your skin young, firm, beautiful, and glowing.

REJUVENATING Facial 1½ hour - \$100

Whether you suffer from excessively oily, hypersensitive or extremely dry skin, this facial will help solve those problems. The treatment includes cleansing, exfoliation of dead skin cells, extraction of black-and white- heads, luxurious face, neck, and shoulders massage, custom mask and Silky Hands paraffin treatment. Your skin is left cleansed, revitalized, and glowing radiantly.

ULTRASOUND Facial 1½ hour - \$125

Ultrasound has an ability to support cellular repair, increase collagen and elastin production, hydrate the skin, and kill bacteria and viruses. Your complexion will instantly be restored to smoothness, firmness and clarity.

ESCAPE Facial ¾ hour - \$65

Life is too hectic? No time for spa experience? Discover Escape, an unique “quick fix“ mini-facial which gives your skin a boost whether you looking for a deep pore cleansing or reviving and energizing your tired features.

GENTLEMEN Facial 1½ hour - \$100

This deep cleansing and softening treatment addresses problems and sensitivities of male skin, as well as the stress and anxiety of everyday life. After this treatment you will be refreshed and revitalized for the next busy day.

TEEN CLEAN ¾ - 1 hour - \$50-\$80

Caused primarily by hormone changes, inflamed pimples and blackheads appear on the face and back during puberty. Regular deep pore cleansing facials are a necessary addition to medications prescribed by dermatologist. During this treatment teenagers will not just get immediate help with their skin problems, but also learn dos and don’ts of their skin care.

ADD ON Intense Mask or AHA Peel - \$20

These treatments will dramatically renew firmness, elasticity, and hydration of your skin.

MICRODERMABRASION

Developed in Europe, this revolutionary technique offers a new approach to revitalizing and renewing aging skin. This state-of-the-art system uses a controlled vacuum to spray very fine, sterile crystals across the skin surface. This gently abrades away the dry, damaged cell layers, leaving behind smoother and more vibrant, well nourished skin. With progressive treatments, your skin will continue to look years younger. A series of six procedures works best, but you can see and feel the difference after just one.

Single treatment \$125

Series of 4-6 (each) \$115

MICROCURRENT

As we becoming older, our facial muscles lengthen, lose tone, firmness, and thickness. This facial electrolifting treatment rapidly improves blood and lymph circulation, stimulates facial and neck muscles, firms the skin, eliminates toxins..

Single treatment \$125

Series of 10-12 (each) \$100

AHA/BHA PEELS

Peeling or exfoliation is designed for instant visible results. It dramatically renews skin texture and clarity, diminishes impurities, clogged pores, and hyper-pigmentation producing clean, smooth, and radiant complexion. These treatments are ideally offered in a series for maximum effectiveness.

PCA OXY-LIGHT Peel

¾ hour - \$125, series of 3 - \$350

This treatment combines uniquely formulated peeling solution containing lighting agents with oxygenating therapy which promotes the cells ability to generate energy. Asphyxiated, sun-damaged skin and acne will benefit tremendously from this procedure. Results are dramatic- skin looks tighter, brighter, and radiant.

PCA ULTRA or SENSI Peel - \$125

Effective yet gentle exfoliating treatments appropriate for all skin types and conditions. Excellent in treating acne, pigment disorders, aging skin, smoker’s skin and even rosacea.

PCA PUMPKIN Peel - \$125

This therapy unites is a nutritional and enzyme infusion into the skin. After this peel you will see visible glowing and healthy complexion.

MASSAGE

Massage offers a wide range of benefits to the body and mind. It increases blood circulation, helps to eliminate metabolic waste from the body, decreases aches and pains in tight muscles and provides total relaxation of the body and mind.

THERAPEUTIC Massage

1/2 hour - \$40, 1 hour - \$80

LYMPHATIC DRAINAGE MASSAGE

Face – 3/4 hour - \$70, Body - 1 1/2 hour - \$110

The lymphatic system removes toxins and waste materials from our bodies. There is no heart type pump that promotes the flow of lymph. Special massages are necessary to allow free flow of lymph to cleanse and detoxify our body.

BODY TREATMENTS

The body as well as the face deserves attentive care and pampering. Body therapies help reduce stress, increase relaxation, restore circulation, and induce a sense of well-being.

POLISH AND BRONZE

(without self-tanner – 3/4 hour - \$75)

(with self-tanner – 1 hour - \$85)

Give your skin a healthy glow with unique the Body Gommage exfoliant. Maintain a beautiful, sun-kissed appearance all year long without harmful UV rays.

After gentle polishing of your skin with special aroma-gel, self-tanner is evenly applied to entire body.

SELF-HEATING MUD PACK - \$55

(If added to other treatments - \$40)

It is a localized body mask. Provides deep tissue detoxification, remineralization, and instant relaxation. Relieves arthritis, swelling, congestion, and soreness. Could be used on any areas of the body. Perfect addition to facials or massages.

SPECIAL TREATMENTS

EYE – OPENER - 1/2 hour - \$30

Your eyes are your most beautiful and fragile feature. The signs of fatigue (dark circles, puffiness), and aging (wrinkles, a crow's feet) appear in this vulnerable spot first. With special massage, intensive collagen mask, and a medley of protective, corrective and replenishing balms your contours are left fresher, firmer and younger.

SILKY HANDS/FEET - 1/4 hour - \$10 - \$15

The heat of the paraffin increases the blood supply to the hands or feet. They begin to perspire, and the combination of heat, moisture drawn from the lower layers of skin and lotion result in the most successful way known to moisturize the skin.

HAIR REMOVAL

Lip	1/4 hour	\$15
Brow	1/2 hour	\$15
Chin	1/4 hour	\$20
Face (lower)	1/2 hour	\$25
Face (all)	1/2 hour	\$35
Bikini	1/2 hour	\$30
Full Leg	1 hour	\$70
Half leg	1/2 hour	\$40
Underarms	1/2 hour	\$20
Full Arms	3/4 hour	\$40
Half Arms	1/2 hour	\$25
Back	3/4 hour	\$70

Just some little helpful reminders:

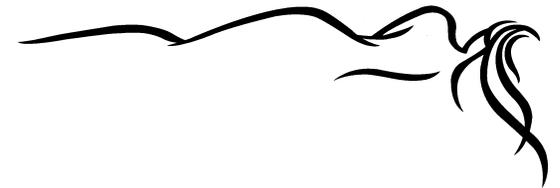
**A credit card is required to hold all reservations.*

**If you need to cancel or reschedule any appointment, we ask for 24 hours notice. A no-show for scheduled service or less than 24 hours notice will incur a charge of 50% of the cost of the service.*

**We feel it is your privilege to show appreciation for great service, and for this reason, we have not included a service charge. Please feel free to tip.*

The best gift for any occasion is the gift of beauty and health. **GIFT CERTIFICATES may be purchased for all services and packages. All Gift Certificates are non-transferable and nonrefundable.*

Rita's Touch



Rita Feldman

is a highly educated professional in the fields of skin care and massage therapy.

“Rita’s Touch”

offers the most innovative beauty treatments. Her methods and products combine aesthetic and science to deliver instant and long lasting results for flawless, timeless, and luminous skin.

**Facials, Microdermabrasion,
AHA Peels, Ultrasound and
Microcurrent Facials, Massages,
Body Treatments, Hair Removal**

*2007 Lancaster Rd.
Homewood, AL 35209
Tel. 837-5858*